

Waiver

In consideration of the acceptance of my entry in the 2019 April Fools Run, I release, waive and forever discharge the Cameron Regional YMCA; any and all sponsors of the April Fools Run; the city, county, and state where the competition is held, and all officers, agents, officials, directors, physicians, volunteers and employees of all of foregoing from any and all liabilities, claims, demands, actions, damages, costs and expenses for death, personal injuries or property damage which I may sustain during the April Fools Run or related activities.

I acknowledge that participation in the April Fools Run competition carries with it potential hazard, and that it is my individual responsibility to determine the safety of the course in light of my training and ability and determine the extent of my participation on the day of the event. I understand this is a strenuous competition on an open course with risk of accidents and I freely and voluntarily assume all the risks known or unknown to my participation.

I consent to receive medical treatments in the event of injury, accident and/or illness during the April Fools Run.

I acknowledge that I have the sole responsibility for my personal possessions and athletic equipment during the April Fools Run and related activities.

I permit the free use of my name and any photographs, videotapes, motion pictures, recordings or any other record of this event for publicity and/or promotional purposes.

This waiver shall be binding on my heirs, personal representatives, executors, administrators and assigns.

I hereby acknowledge I have read, understand, and agree to the terms of the waiver.

Signature _____
(Parent or Guardian if under age 18)


Date _____

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Receipt # _____ Amt. Pd. _____ Date _____

To put Christian Principles into practice through programs that build a healthy spirit, mind and body for all.

MISSION OF THE CAMERON REGIONAL YMCA


Cameron Regional YMCA
1903 N. Walnut
Cameron, MO 64429

Cameron Regional YMCA



Cameron, MO

**Sat. April 6, 2019
9:00 AM**



ENTRY FEE

\$25.00 per person (includes T-shirt)
\$18.00 per person (without T-shirt)
\$15.00 per person - 5K fun walk*

*Participants in the Fun Walk will receive a T-shirt but will not be eligible for awards

ENTRY DEADLINE

Saturday, March 30, 2019

LATE REGISTRATION

Entries received after March 30 will be subject to a \$5.00 late fee. Registrations will be accepted on race day beginning at 7:30 am. T-shirts will be mailed if registering after March 30.

PACKET PICK-UP

Packets may be picked up at the Cameron Regional YMCA, Fri. April 5 from 8 am to 8 pm, and on race day from 7:30 am to 8:30 am.

COURSE

The course is an out and back course that will begin and end in the 300 block of McElwain Drive. The run/walk will travel west down McElwain Drive to the Cameron Reservoir Trail. Runners and walkers will proceed down the trail, turn around and come back to the finish line on McElwain Drive.



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AID STATIONS

An aid station will be located at the turnaround.

AGE DIVISIONS

9 and under	40—44
10—14	45—49
15—19	50—54
20—24	55—59
25—29	60—64
30—34	65—69
35—39	70 and over

The top three finishers in each age group will receive a medal. Overall male and female winners will receive a plaque. The awards ceremony will take place at the YMCA following the completion of the event.

PARKING

Parking will be available at the YMCA, 1903 N. Walnut

For more information on this event or to volunteer, please contact:

Mary Jo Eiberger, CEO/Executive Director
Cameron Regional YMCA, (816)632-3811
ymca_mjeiberger@yahoo.com

Proceeds from this event are used to fund scholarships for worthy youth and families at the Cameron Regional YMCA. We thank you for your continued support.

Mark Your Calendar!
The Cameron Regional YMCA will be
hosting its 13th Annual Crossroads
Triathlon on Saturday, July 20th

ENTRY FORM

Name _____

Address _____

City _____

State _____ Zip _____

Work Phone _____

Home Phone _____

Male _____ Female _____

Age as of April 6, 2019 _____

Birthdate ____/____/____

E-mail address

T-Shirt Size (if applicable)

S M L XL XXL

Youth Med Youth Lg

Please indicate race below

5K Fun Walk 5K Run

Return this form and registration fee to

Cameron Regional YMCA
1903 N. Walnut
Cameron, MO 64429
or register online
www.cameronymca.org



**APPLICATIONS NOT ACCEPTED UNLESS
DISCLAIMER IS SIGNED
(See Opposite Side)**